

# Sausalito



Finished Quilt Size: 46½" x 54½"



Finished Pillow Size: 18" x 18"



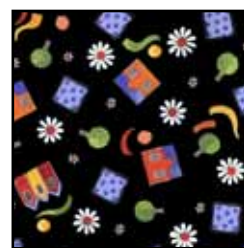
22220 R



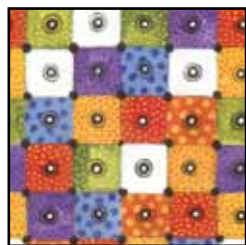
22221 S



22221 E



22216 J



22217 O



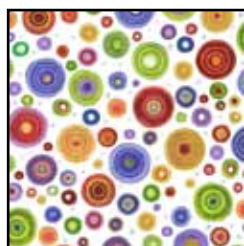
22221 O



22218 J



22220 G



22218 Z



22213 J



22215 J

Sausalito Quilt	
FABRIC REQUIREMENTS	
Design	Yards
22220 R	$\frac{7}{8}$
22221 S	$\frac{3}{4}$
22221 E	1
22216 J (inc binding)	1
22217 O	$\frac{3}{8}$
22221 O	$\frac{1}{2}$
22218 J	$\frac{7}{8}$
22220 G	$1\frac{1}{4}$
22218 Z	$\frac{3}{8}$
22213 J	1
22215 J (backing)	$3\frac{1}{8}$

Sausalito Pillow	
FABRIC REQUIREMENTS	
Design	Yards
22218 Z	$\frac{3}{8}$
22218 J	$\frac{3}{8}$
22221 E	$\frac{1}{4}$
22217 O	$\frac{1}{4}$
22220 R	$\frac{3}{8}$
22221 S	$\frac{1}{4}$
22221 O	$\frac{3}{8}$
22213 J	$\frac{1}{4}$
22215 J (backing)	$\frac{5}{8}$

Designed by Wendy Sheppard  
 Approximate Finished size: 46½” x 54½”  
 Block Size: 8” Number of Blocks: 20  
 Skill Level: Advanced Intermediate

*\*Note: Previous foundation piecing experience strongly recommended.*

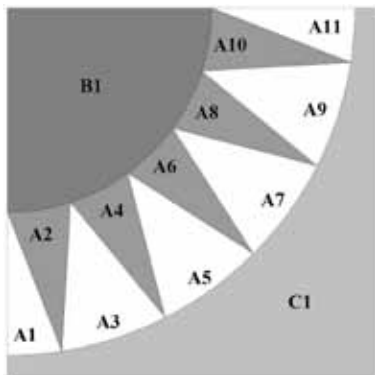
**Additional Supplies:**

- Quart sized zip lock bags, at least 20 bags
- Labels for the zip lock bags

**How to prepare for foundation piecing a New York Beauty block:**

Be sure printer settings are set at “No Scaling”. For each block in the quilt, print a copy of the “Sausalito 8” Quilt Block Foundation”. There are 20 blocks in this quilt. It is recommended that you make a couple of practice blocks before starting on the blocks for the quilt, make extra copies of the “Sausalito 8” Quilt Block Foundation” for these.

**New York Beauty 8” finished Block:**



Each block consists of 1 quarter circle (B1), 1 corner arc (C1), 5 ray spikes (A2, A4, A6, A8, A10), 4 full background spikes (A3, A5, A7, A9) and 2 half background spikes (A1, A11; these 2 pieces mirror each other).

To maximize fabric use, Cutting Templates are provided for the fabrics for paper piecing the “spikes”. Use these with the 4 ⅛” x WOF strips. Pin the cutting template to the fabric strip as shown below. Cut with your rotary ruler and cutter.

“Sausalito strip cutting template A1 and A11”



“Sausalito strip cutting template A2 A4 A6 A8 A10”



“Sausalito strip cutting template A3 A5 A7 A9”



To cut pieces C1 and B1; pin the templates to the fabric strips as shown in the diagrams below.

Cutting pieces B1 and C1 together diagram (9” strip)



Cutting piece B1 alone diagram (6” strip)



*Note: After cutting each of the pieces for the block, place them in the zip lock bag labeled with the corresponding block number. The number of the block that contains each piece is listed in bold print with the cutting directions. See the example below;*

**Burnt gold fabric (22221S)**

- Cut 1 strip @ 9” x WOF; sub cut Two C1 and two B1 pieces.  
 C1 blocks; **1, 17** ← **Block numbers.**  
 B1 blocks; **3, 18** ← **Block numbers.**
- Trim strip to 4 ⅛” wide; cut 2 half background spikes and 4 full background spikes.  
 A1, 3, 5, 7, 9, 11 Background Spikes (1 block); **4** ← **Block number.**
- Cut 1 strip @ 4 ⅛” x WOF; 15 ray spikes.  
 A2, 4, 6, 8, 10 Ray Spikes (3 blocks);  
**5, 13, 15** ← **Block numbers.**

*Note: Remember that each block will need 5 ray spikes (A2, A4, A6, A8, and A10), 4 full background spikes (A3, A5, A7, and A9) and 1 each of the half back ground spikes (A1 & A11).*

## Cutting Directions:

WOF = width of fabric

### House print fabric (22213J)

- Cut 6 strips @ 4 ½" x WOF; join the strips using diagonal seams, sub cut 4 @ 4 ½" x 46 ½".

### House and floral on black print fabric (22216J)

- Cut 5 strips @ 1" x WOF; sub cut 2 @ 1" x 38 ½", join the remaining strips using diagonal seams, and cut 2 @ 1" x 45 ½"
- Cut 1 strip @ 6" x WOF; sub cut one B1 piece.  
B1 block; **9**.
- Trim strip to 4 ⅛" wide; cut 5 ray spikes.  
A2, 4, 6, 8, 10 Ray Spikes (1 block); **4**.

### Green dots fabric (22220G)

- Cut 5 strips @ 2" x WOF; sub cut 2 @ 2" x 37 ½", join the remaining strips using diagonal seams, and cut 2 @ 2" x 42 ½".
- Cut 3 strips @ 9" x WOF; sub cut nine C1 pieces.  
C1 blocks; **3, 5, 7, 8, 10, 11, 13, 14, 19**.

### Light tan fabric (22221E)

- Cut 4 strips @ 1 ½" x WOF; sub cut 2 @ 1 ½" x 34 ½" and 2 @ 1 ½" x 40 ½".
- Cut 3 strips @ 4 ⅛" x WOF; 16 half background spikes and 32 full background spikes A1, 3, 5, 7, 9, 11. Background Spikes (8 blocks); **2, 3, 6, 7, 10, 15, 16, 18**
- Cut 1 strip @ 4 ⅛" x WOF; 20 ray spikes.  
A2, 4, 6, 8, 10 Ray Spikes (4 blocks); **9, 11, 12, 14**.

### Burnt gold fabric (22221S)

- Cut 1 strip @ 9" x WOF; sub cut two C1 and two B1 pieces C1 blocks; **1, 17** B1 blocks; **3, 18**.  
Trim strip to 4 ⅛" wide; cut 2 half background spikes and 4 full background spikes.  
A1, 3, 5, 7, 9, 11 Background Spikes (1 block); **4**.
- Cut 1 strip @ 4 ⅛" x WOF; 15 ray spikes.  
A2, 4, 6, 8, 10 Ray Spikes (3 blocks); **5, 13, 15**.

### Burnt orange fabric (22221O)

- Cut 1 strip @ 9" x WOF; sub cut One C1 and four B1 pieces.  
C1 blocks; **2**.  
B1 blocks; **4, 10, 12, 19**.  
Trim strip to 4 ⅛" wide; cut 4 half background spikes and 8 full background spikes.  
A1, 3, 5, 7, 9, 11 Background Spikes (2 blocks); **1, 19**.
- Cut 1 strip @ 4 ⅛" x WOF; 20 ray spikes.  
A2, 4, 6, 8, 10 Ray Spikes (4 blocks); **6, 8, 16, 17**.

### Red dots print fabric (22220R)

- Cut 1 strip @ 9" x WOF; sub cut three C1 and four B1 pieces.  
C1 blocks; **9, 12, 18**.  
B1 blocks; **1, 6, 13, 16**.
- Cut 3 strips @ 4 ⅛" x WOF; 12 half background spikes and 24 full background spikes.  
A1, 3, 5, 7, 9, 11 Background Spikes (6 blocks); **5, 8, 11, 14, 17, 20**.
- Cut 1 strip @ 4 ⅛" x WOF; 20 ray spikes.  
A2, 4, 6, 8, 10 Ray Spikes (4 blocks); **2, 3, 18, 19**.

### Circles on black print fabric (22218J)

- Cut 1 strip @ 9" x WOF; sub cut four C1 and five B1 pieces.  
C1 blocks; **4, 6, 15, 20**.  
B1 blocks; **2, 8, 11, 15, 17**.
- Cut 3 strips @ 4 ⅛" x WOF; 6 half background spikes and 12 full background spikes.  
A1, 3, 5, 7, 9, 11 Background Spikes (3 blocks); **9, 12, 13**.
- Cut 1 strip @ 4 ⅛" x WOF; 20 ray spikes.  
A2, 4, 6, 8, 10 Ray Spikes (4 blocks); **1, 7, 10, 20**.

### Circles on white print fabric (22218Z)

- Cut 1 strip @ 9" x WOF; sub cut One C1 and two B1 pieces.  
C1 blocks; **16**.  
B1 blocks; **5, 20**.

### Patchwork print fabric (22217O)

- Cut 1 strip @ 9" x WOF; sub cut Two B1 pieces.  
B1 blocks; **7, 14**.

*\*Note: Use your favorite foundation piecing method to construct the blocks or look for tutorials on the internet specifically for making a New York Beauty block. Try different foundation piecing and block assembly techniques on your practice blocks. If you do this before you start you will have an easier time of making the quilt blocks and achieve a better outcome as a result.*

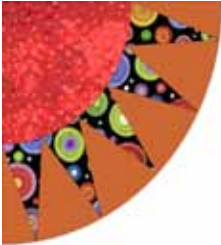
## Block Assembly (finished size 8"):

Using block #1 as an example,

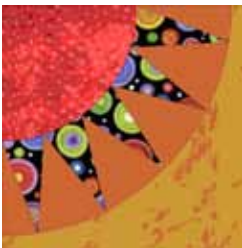
1. Sew the circles on black A2, 4, 6, 8, 10 pieces and the burnt orange A1, 3, 5, 7, 9, 11 pieces to the foundation paper. After all the pieces are sewn, trim the unit on the cutting line, do not trim the ¼" seam allowance. Remove the paper.



2. Sew the red dot B1 piece to the spikes. Find the center of both the pieces by folding them in half. Match the centers. Stitch with the red dot B1 piece on the bottom. Press the seam towards B1. Do not clip the seam allowance, try letting the fabric stretch. If the fabric doesn't give, then make very shallow clips along the curve.



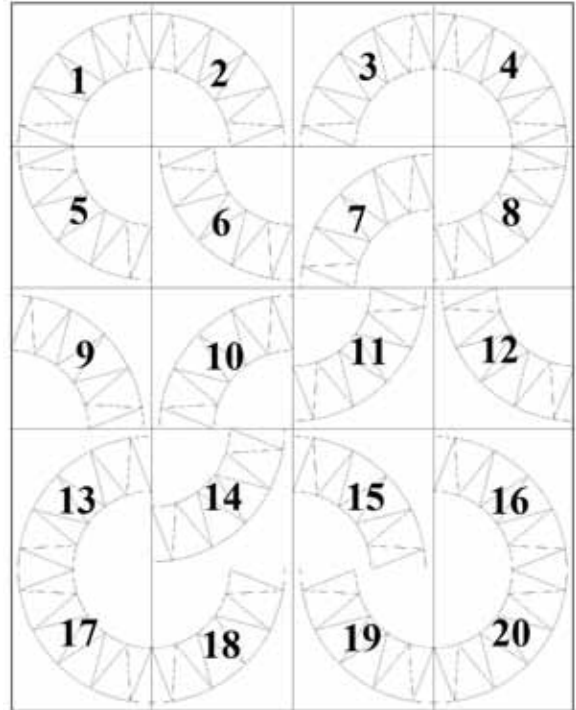
3. Sew the burnt gold C1 piece to the spikes. Find the center of both the pieces by folding them in half. Match the centers. Stitch with the burnt gold C1 piece on the top. Press the seam towards C1. Do not clip the seam allowance, try letting the fabric stretch. If the fabric doesn't give, then make very shallow clips along the curve.



4. Follow steps 1 – 3 to make blocks #2 through #20.

## Quilt Center Assembly:

1. Arrange the finished blocks as shown in the layout diagram below.



2. Sew the rows of 4 blocks together. Press the seams for each row to one side. Press the seams of every other row in the opposite direction, so that they will interlock when the rows are joined.

3. Sew the rows together to complete the quilt center. Press the seams to one side.

4. Sew two light tan 1 ½" x 40 ½" strips to the sides of the quilt center. Press the seams toward the light tan strips.

5. Sew two light tan 1 ½" x 34 ½" strips to the top & bottom of the quilt center. Press the seams toward the light tan strips.

6. Sew two green dots 2" x 42 ½" strips to the sides of the quilt center. Press the seams toward the green dot strips.

7. Sew two green dots 2" x 37 ½" strips to the top & bottom of the quilt center. Press the seams toward the green dot strips.

8. Sew two 1" x 45 ½" house and floral on black print strips on the sides of the quilt center. Press the seams toward the house and floral strips.

9. Sew two 1" x 38 ½" house and floral on black print strips on the top & bottom the quilt center. Press the seams toward the house and floral strips.

10. Sew two 4 ½” x 46 ½” house print strips to the sides of the quilt center. Press the seams toward the house print strips.

11. Sew two 4 ½” x 46 ½” house print strips on the top and bottom of the quilt center to complete quilt top. Press the seams toward the house print strips.

### Finishing:

12. To make the backing, cut the 3 ⅛ yard backing fabric into equal lengths of 56” x WOF each. Remove the selvages from the fabric lengths.

13. Sew the long edges of the two pieces together. Trim the backing to 55” x 63”

Layer the quilt top, batting and backing to make a quilt sandwich. Baste the layers together. Quilt as desired. Trim backing and batting so that they are even with the quilt top.

Bind with house and floral on black print binding strip.

### Sausalito Pillow

Designed by Wendy Sheppard

Approximate Finished size: 18” x 18”

Block Size: 6” Number of Blocks: 4

Skill Level: Advanced Intermediate

*Note: Previous foundation piecing experience strongly recommended.*

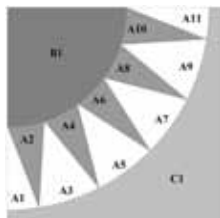
### Additional Supplies:

- Quart sized zip lock bags, at least 4 bags
- Labels for the zip lock bags

### How to prepare for foundation piecing a New York Beauty block

Be sure printer settings are set at “No Scaling”. For each block in the pillow, print a copy of the “Sausalito 6” quilt block foundation”. There are 4 blocks in the pillow.

### New York Beauty 6” finished Block:



Each block consists of 1 quarter circle (B1), 1 corner arc (C1), 5 ray spikes (A2, A4, A6, A8, A10), 4 full background spikes (A3, A5, A7, A9) and 2 half background spikes (A1, A11; these 2 pieces mirror each other).

To maximize fabric use, templates are provided for cutting the spike pieces. Use these with the 3 ¼” x WOF strips. Pin the cutting template to the fabric strip and cut on the lines with your rotary ruler and cutter.

“Sausalito strip cutting template A1 and A11”



“Sausalito strip cutting template A2 A4 A6 A8 A10”



“Sausalito strip cutting template A3 A5 A7 A9”



To cut pieces C1 and B1; pin the templates to the 7” fabric strips as shown in the diagrams below.



Cutting piece B1 alone diagram (4” strip)



*Note: After cutting each of the pieces for the block, place them in the zip lock bag labeled with the corresponding block number. The number of the block that contains each piece is listed in bold print with the cutting directions. See the **example** below;*

Red dots print fabric (22220R)

Cut 1 strip @ 7” x WOF; sub cut One C1 piece

C1 blocks; **2 ← Block number**

From the remainder of the strip cut 2 strips @ 3 ¼” x WOF; cut 10 ray spikes from one strip.

A2, 4, 6, 8, 10 Ray Spikes (2 blocks); **2, 3 ← Block numbers**

From the other 3 ¼” strip; cut 2 half background spikes & 4 full background spikes

A1, 3, 5, 7, 9, 11 Background Spikes (1 block);

**1 ← Block number**

**Note:** Remember that each block will need 5 ray spikes (A2, A4, A6, A8, and A10), 4 full background spikes (A3, A5, A7, and A9) and 1 each of the half back ground spikes (A1 & A11).

**Cutting Directions:**                      **WOF** = width of fabric

**House print fabric (22213J)**

- Cut 2 strips @ 3" x **WOF**; sub cut 2 @ 3" x 13 1/2" and 2 @ 3" x 18 1/2" .

**Light tan fabric (22221E)**

- Cut 2 strips @ 1" x **WOF**; sub cut 2 @ 1" x 12 1/2" and 2 @ 1" x 13 1/2" .
- Cut 1 strip @ 3 1/4" x **WOF**; cut 6 half background spikes and 12 full background spikes.

A1, 3, 5, 7, 9, 11 Background Spikes (3 blocks); **2, 3, 4.**

**Burnt gold fabric (22221S)**

- Cut 1 strip @ 4 1/2" x **WOF**; sub cut Two B1 pieces.

B1 blocks; **2, 3.**

**Burnt orange fabric (22221O)**

- Cut 1 strip @ 7" x **WOF**; sub cut One C1 piece.

C1 block; **3.**

**Red dots print fabric (22220R)**

- Cut 1 strip @ 7" x **WOF**; sub cut One C1 piece.

C1 block; **2**

From the remainder of the strip cut 2 strips 3 1/4" wide; cut 10 ray spikes from one strip.

A2, 4, 6, 8, 10 Ray Spikes (2 blocks); **2, 3**

From the other 3 1/4" strip; cut 2 half back ground spikes and 4 full background spikes.

A1, 3, 5, 7, 9, 11 Background Spikes (1 block); **1**

**Circles on black print fabric (22218J)**

- Cut 1 strip @ 7" x **WOF**; sub cut One C1 piece

C1 block; **1.**

Trim the remaining strip to 3 1/4" wide; sub cut 10 ray spikes. A2, 4, 6, 8, 10 Ray Spikes (2 blocks); **1, 4.**

**Circles on white print fabric (22218Z)**

- Cut 1 strip @ 7" x **WOF**; sub cut One C1 piece and one B1 piece.

C1 block; **4.**

B1 block; **1.**

**Patchwork print fabric (22217O)**

- Cut 1 strip @ 4 1/2" x **WOF**; sub cut one B1 piece

B1 block; **4.**

**Blocks Assembly (finished size 6"):**

Using block #1 as an example,

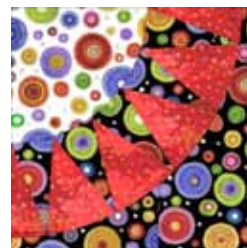
1. Sew the circles on black A2, 4, 6, 8, 10 and the red dots print A1, 3, 5, 7, 9, 11 pieces to the foundation paper. After all the pieces are sewn, trim the unit on the cutting line, do not trim the 1/4" seam allowance. Remove the paper.



2. Sew the circles on white B1 piece to the spikes. Find the center of both the pieces by folding them in half. Match the centers. Stitch with the circles on white B1 piece on the bottom. Press the seam towards B1. Do not clip the seam allowance, try letting the fabric stretch. If the fabric doesn't give, then make very shallow clips along the curve.



3. Sew the circles on black C1 piece to the spikes. Find the center of both the pieces by folding them in half. Match the centers. Stitch with the circles on black C1 piece on the top. Press the seam towards C1. Do not clip the seam allowance, try letting the fabric stretch. If the fabric doesn't give, then make very shallow clips along the curve.



4. Follow steps 1 – 3 to make blocks #2 through #4.

## Pillow Center Assembly:

1. Arrange the finished blocks as shown in the layout diagram below.



2. Sew the top 2 blocks together to make a row. Repeat with the bottom two blocks. Press the seams in opposite directions, so that they will interlock when the rows are joined.

3. Sew the rows together to complete the pillow center. Press the seam to one side.

4. Sew two light tan 1" x 12 1/2" strips to opposite sides of the quilt center. Press the seams toward the light tan strips.

5. Sew two light tan 1" x 13 1/2" strips to the remaining opposite sides of the quilt center. Press the seams toward the light tan strips.

6. Sew two 3" x 13 1/2" house print strips to opposite sides of the quilt center. Press the seams toward the house print strips.

7. Sew two 3" x 18 1/2" house print strips to the remaining opposite sides of the quilt center to complete pillow top. Press the seams toward the house print strips.

## Finishing:

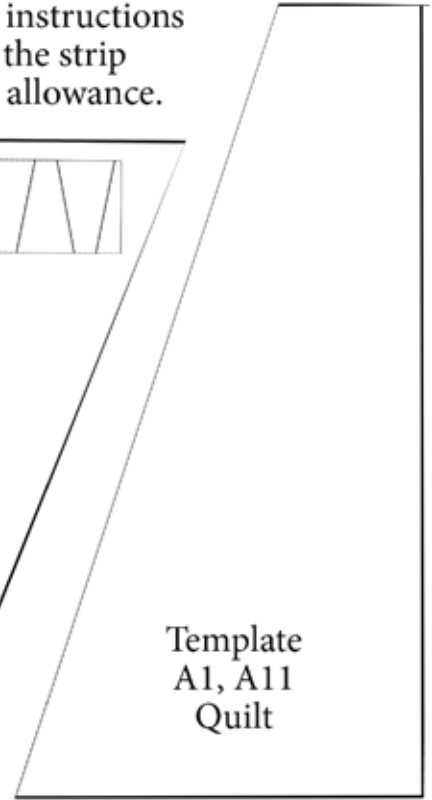
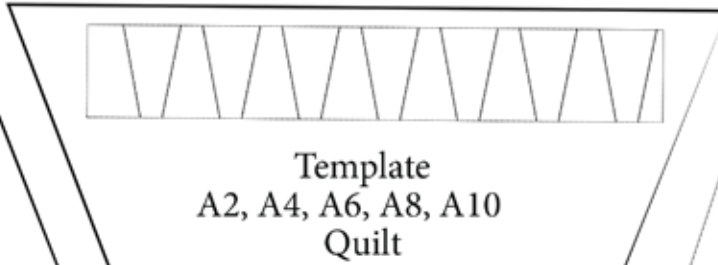
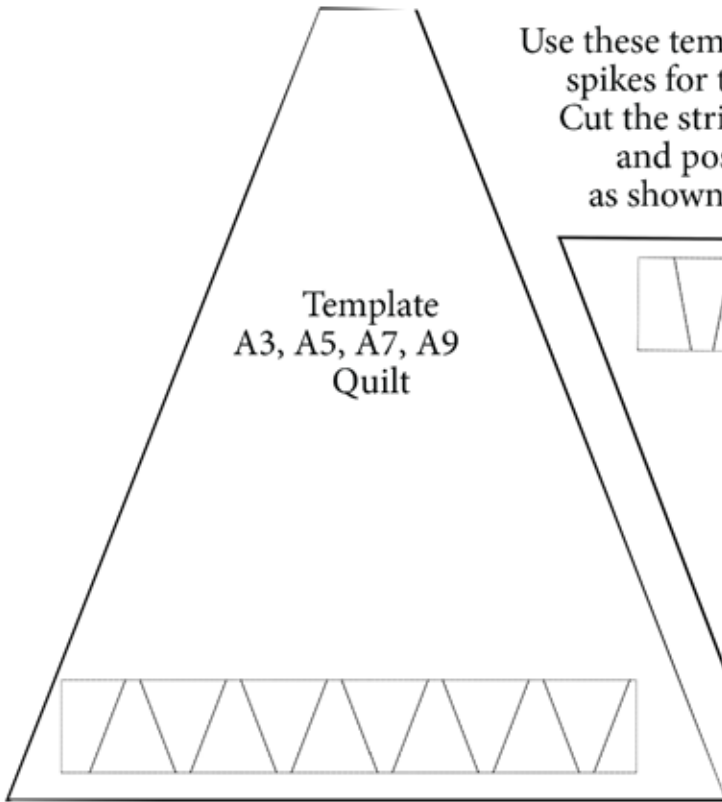
1. Lay the pillow top on the backing fabric, right sides together, and cut the backing to size. Sew three sides together using a 1/2" seam allowance. On the fourth side, sew 1/3 way from each corner, leaving the middle un-sewn.

2. Press the pillow flat and then turn it right side out.

3. Stuff pillow firmly, and then hand stitch the opening closed.

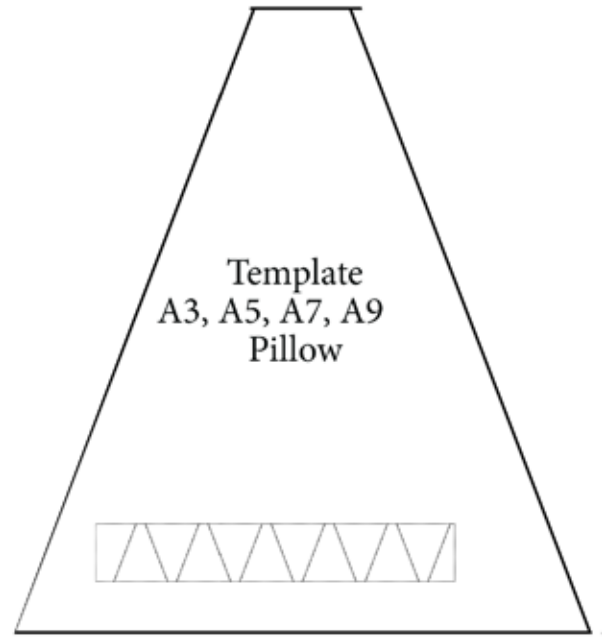
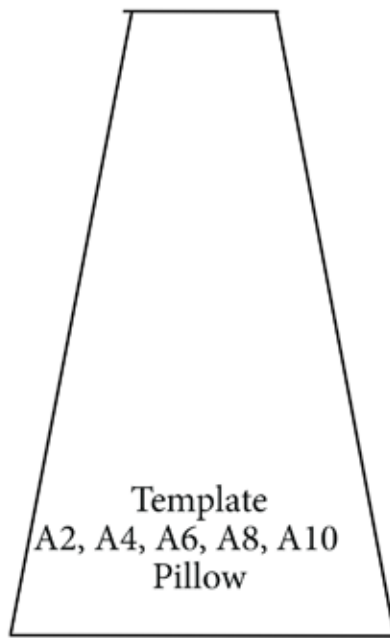
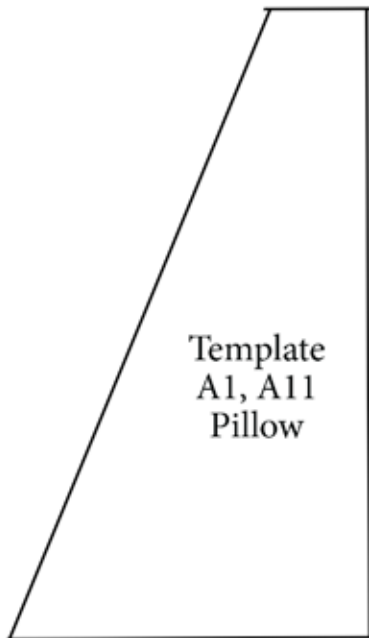


Use these templates to cut fabric for paper piecing the spikes for the Sausalito quilt and pillow project. Cut the strips to size as noted in the instructions and position the template along the strip as shown below. Do not add seam allowance.

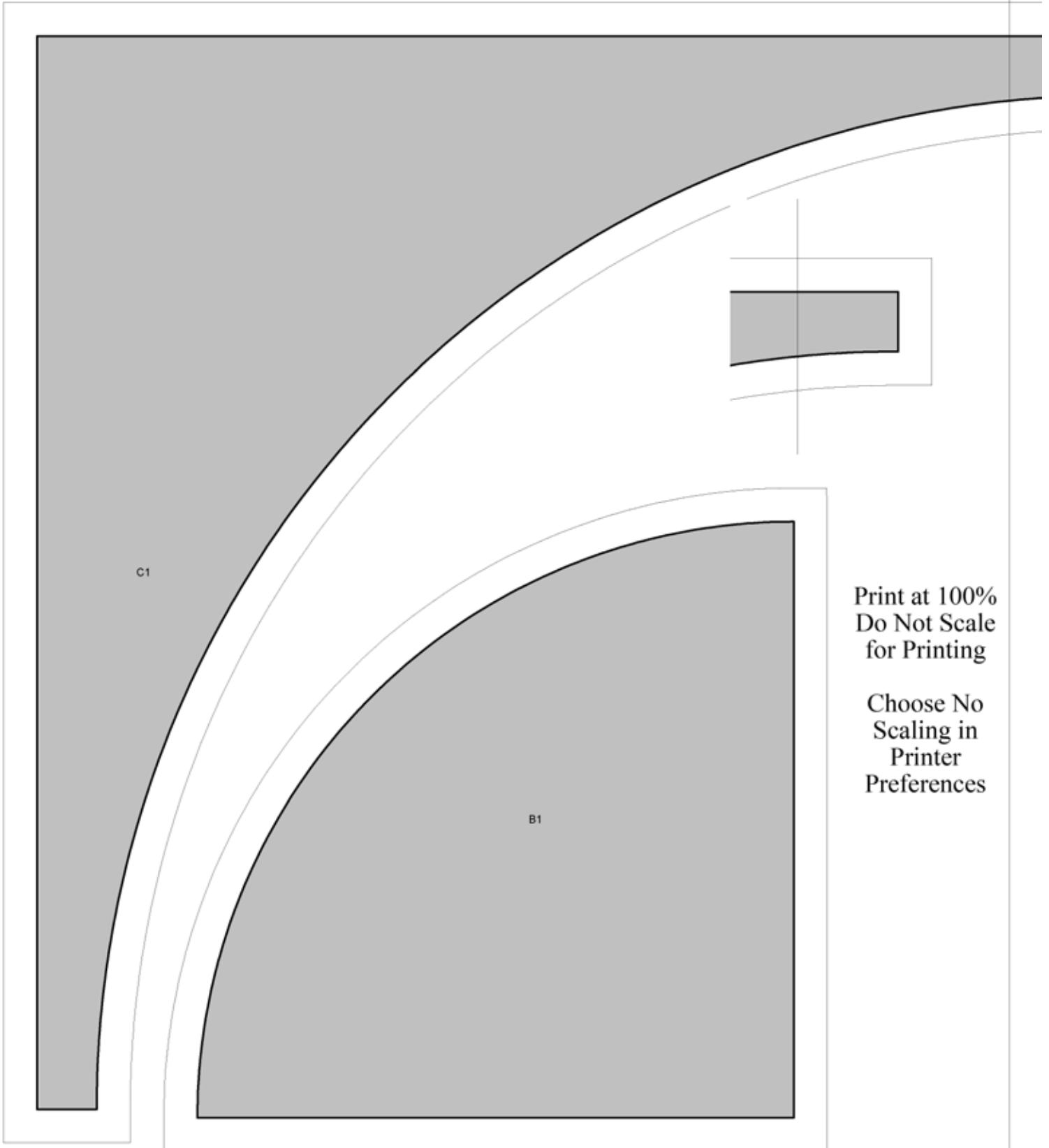


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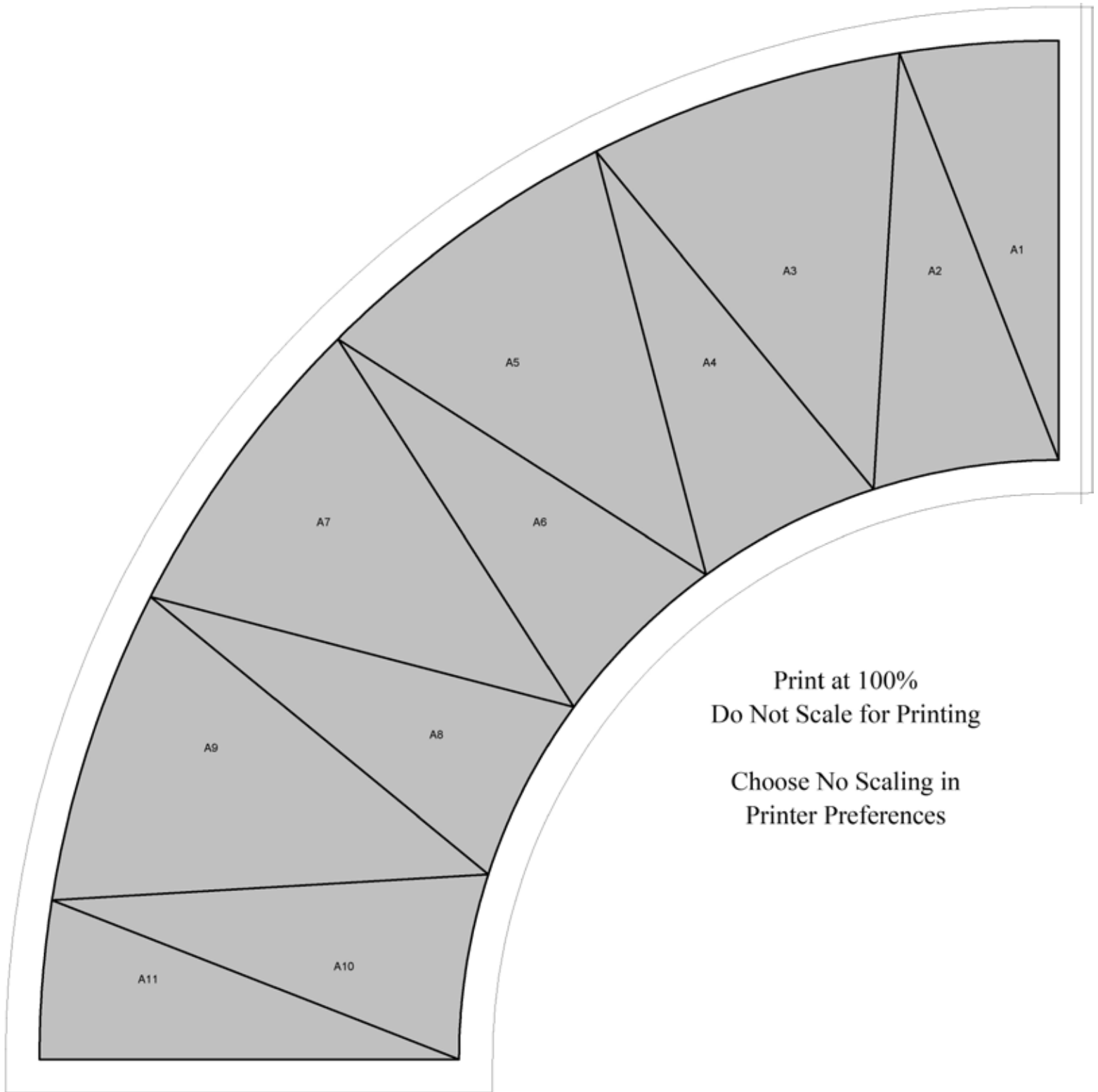


New York Beauty



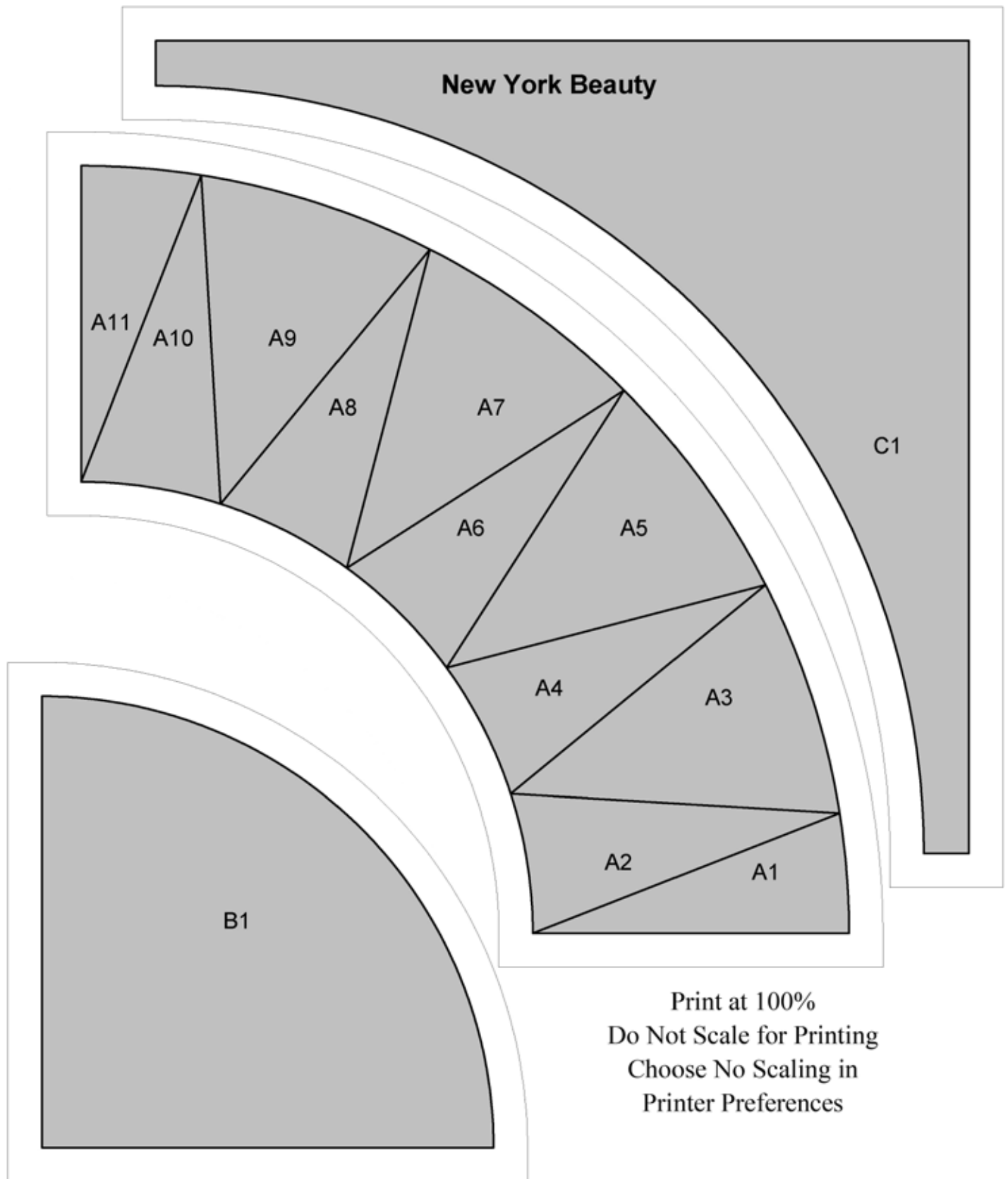
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